

# Water Safety



Everyone loves a day out at Jamberoo, and why wouldn't they?! Winding slides, Outback Bay and Big Rock Jumps means there is always plenty of fun to be had.

Staying safe in the water is important and as long as you follow a few basic principles, you can make sure you have a safe, action packed day.

## Tips for playing safe at Jamberoo

- Read all the signs and instructions before going on a ride. If you are unsure of anything, ask a lifeguard or your teacher.
- Always listen to the lifeguard's instructions. They are there to help you and make sure you stay safe so follow their lead at all times.
- Don't run! The ground can be slippery and you don't want to fall and ruin your fun.
- Make sure you stay close to your teachers at all times. If you find you have lost your teacher, speak to a staff member so they can locate them for you.

## Pre Excursion Discussions

1) What are some places you visit where you should be mindful of water safety?

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2) If you are unsure of something while at Jamberoo, who are two people you could speak to for information?

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3) What should you never do when moving between different rides?

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4) What should you do if you cannot find your teacher?

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## Safety at the Park

Each of the rides at Jamberoo has different rules to ensure you stay safe. As you move around the park, listen to staff instructions and read safety signs to familiarise yourself with these rules. If you are unsure of anything, ask a staff member.

1) Can you name some of the safety rules for The Taipan?

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2) Can you name some of the safety rules for the Toboggans?

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3) Can you name some of the safety rules for Outback Bay?

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4) Can you name some of the safety rules for the Waterslides?

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**Always be aware of your energy levels while swimming. If you are starting to get tired, cold or sore you should take a break. Fatigue can sneak up on you quickly and is a leading cause of injury in the water!**

## Post Excursion Exercise

In a small group, design a poster or brochure to help promote water safety at Jamberoo. Think of the key ideas you would like included and the messages you want to get across.

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